



*“Spending Time in Meditation and Yoga to
Decrease Medication and Increase the Mindfulness”*

CENTRE FOR MEDITATION AND YOGA SCIENCES

Delhi Pharmaceutical Sciences and Research University has always promoted certain outreach programs for fitness and health. In 2016, the Yoga and Fitness Centre was started to provide 3 credit course for Yoga for students of Pharmacy and Physiotherapy in the University. Further, a Certificate Course was started for the general public.

With special support from the Govt. of NCT of Delhi the University is going to start “Centre for Meditation and Yoga Sciences”, with a one year (3 trimester) course “Diploma in Meditation and Yoga Sciences” from April 2021. While DPSRU, being the nodal center, it is going to have additional 15-20 centres across NCT of Delhi. The tentative list of Schools is appended. There will be tentatively 630 Seats for admission in one year Diploma Programme.

VISION

“To see every citizen healthy through Spritual and Scientific healthy practices”

MISSION

“To encourage people practicing Meditation and Yoga Sciences and there by spreading Harmony, Happiness, Health and Mindfulness.

OBTECTIVES

1. To design, develop and impart various courses for Yoga, Meditation, and nutrition to promote healthy lifestyle in the society .
2. To promote the concept of Meditation and Yoga as complementary therapy.
3. To establish satellite centers for spreading the knowledge and awareness for such programs.

Govt. of NCT of Delhi
DELHI PHARMACEUTICAL SCIENCE AND RESEARCH UNIVERSITY
Centre for Meditation & Yoga Sciences
PushpVihar, Sect-III, M.B. Road, New Delhi-110017

ADMISSIONS NOTICE

OPPORTUNITY TO GET ADMISSION IN THE ONE YEAR DIPLOMA PROGRAMME IN MEDITATION AND YOGA SCIENCES

Admissions open from 24th March to 31st March 2021 for admission in ONE YEAR DIPLOMA IN MEDITATION AND YOGA SCIENCES for the session 2021-22. A candidate who has passed Higher Secondary (10+2) from recognized board or its equivalent shall be eligible to take admission. There is NO AGE BAR to get admission for this programme. For more details, visit website: www.dpsru.edu.in

Registrar



(Govt. of National Capital Territory of Delhi)
DELHI PHARMACEUTICAL SCIENCES AND RESEARCH UNIVERSITY (DPSRU)
PUSHP VIHAR, SECTOR-III, M.B. ROAD, NEW DELHI – 110017

Centre for Meditation and Yoga Sciences
ADMISSION FORM

For Office use only

Enrollment No.....
Category.....

PHOTO
(Passport
size Self
Attested)

Form to be filled by Candidate (In capital letters)

1. Name of the Candidate
2. Father's/Guardian's Name.....
3. Mother's Name.....
4. Date of Birth.....
5. Age as on 31.03.2021:YYYY MM.....DD
6. Local Address.....
.....
7. Permanent Address
8. MobileNo.....
9. E-mail
10. Nationality
11. Name of School/Board (from where XII Passed)
12. Preference of the Centre:
(i)
- (ii)

Signature of Candidate

NOTE:-

1. The admitted Student will deposit the requisite fee of Rs. 1000 within 3 days through Demand Draft in favor of “Registrar, DPSRU” and on the back side of Demand Draft name of student, Mobile No. and course name shall be mentioned by the Candidate. The candidates will be admitted on the first come first serve basis.
2. Candidates reporting time for admission: Between 11:00 AM To 4:00 PM.

List of Centres

S. No.	Prioritized Schools
1.	Delhi Pharmaceutical Sciences & Research University, Pushp Vihar
2.	School of Excellence, Kalkaji
3.	SBV, Rouse Avenue
4.	SKV Shalimar Bagh, Block BL
5.	SKV, Vikas Puri, District Centre
6.	RPVV, Plot No. 1, Link Road, Karol Bagh
7.	Government Boys SSS, Jharoda Kalan, Najafgarh
8.	School of Excellence, Khichripur
9.	RPVV, Block B, Yamuna Vihar
10.	SKV No. 2, Madipur
11.	RPVV Surajmal Vihar
12.	SBV, Block C, Sarswati Vihar
13.	SBV Kautilya – Chirag Enclave
14.	Government Co-Ed SSS, Dwarka, Sector 2
15.	RPVV Civil Lines