



*“Spending Time in Meditation and Yoga to  
Decrease Medication and Increase the Mindfulness”*

## **CENTRE FOR MEDITATION AND YOGA SCIENCES**

Delhi Pharmaceutical Sciences and Research University has always promoted certain outreach programs for fitness and health. In 2016, the Yoga and Fitness Centre was started to provide 3 credit course for Yoga for students of Pharmacy and Physiotherapy in the University. Further, a Certificate Course was started for the general public.

With special support from the Govt. of NCT of Delhi the University has started “Centre for Meditation and Yoga Sciences”, with a one year (3 trimester) course “Diploma in Meditation and Yoga Sciences” from April 2021. While DPSRU, being the nodal center, and has 15-20 centres across NCT of Delhi. The list of Centres is appended. There will be tentatively 300 Seats for admission in second batch of one year Diploma Programme.

### **VISION**

“To see every citizen healthy through Spritual and Scientific healthy practices”

### **MISSION**

“To encourage people practicing Meditation and Yoga Sciences and there by spreading Harmony, Happiness, Health and Mindfulness.

### **OBTECTIVES**

1. To design, develop and impart various courses for Yoga, Meditation, and nutrition to promote healthy lifestyle in the society .
2. To promote the concept of Meditation and Yoga as complementary therapy.
3. To establish satellite centers for spreading the knowledge and awareness for such programs.

**दिल्ली औषधिविज्ञान एवं अनुसंधान विश्वविद्यालय**

ध्यान और योग विज्ञान केंद्र

पुष्प विहार, सेक्टर-III, एम.बी. रोड, नई दिल्ली-110017

## **प्रवेश सूचना**

**ध्यान एवं योग विज्ञान में एक वर्षीय डिप्लोमा कार्यक्रम में प्रवेश पाने का अवसर**

अधिवेशन 2021-22 के लिए ध्यान और योग विज्ञान में एक वर्षीय डिप्लोमा के दूसरे बैच में प्रवेश के लिए 6 जुलाई 2021 से 7 जुलाई 2021 प्रवेश खुले हैं। वह उम्मीदवार जिसने मान्यता प्राप्त बोर्ड या इसके समकक्ष से हायर सेकेंडरी (10+2) पास किया है, वह प्रवेश लेने के लिए पात्र होगा। इस कार्यक्रम में प्रवेश पाने के लिए कोई आयु सीमा नहीं है। अधिक जानकारी के लिए वेबसाइट देखें: [www.dpsru.edu.in](http://www.dpsru.edu.in)

**कुलसचिव**

Govt. of NCT of Delhi

**DELHI PHARMACEUTICAL SCIENCES AND RESEARCH UNIVERSITY**

Centre for Meditation & Yoga Sciences

Pushp Vihar, Sect-III, M.B. Road, New Delhi-110017

## **ADMISSION NOTICE**

**OPPORTUNITY TO GET ADMISSION IN THE ONE YEAR DIPLOMA PROGRAMME IN  
MEDITATION AND YOGA SCIENCES**

Admissions open from 6<sup>th</sup> July to 7<sup>th</sup> July 2021 for admission in 2<sup>nd</sup> batch of ONE YEAR DIPLOMA IN MEDITATION AND YOGA SCIENCES for the session 2021-22. A candidate who has passed Higher Secondary (10+2) from recognized board or its equivalent shall be eligible to take admission. There is NO AGE BAR to get admission for this programme. For more details, visit website: [www.dpsru.edu.in](http://www.dpsru.edu.in).

Registrar

**Important instructions for Admission to Diploma in Meditation and Yoga Sciences.**

- 1. Interested candidates must bring their original documents for verification along with 1 set of self-attested copies.**
- 2. Candidates are required to bring 2 latest passport size photographs.**
- 3. The admitted Candidates, after verification of documents will deposit the requisite fee of Rs. 1000 within 3 days through online mode. (Bank details will be provided by the centre to eligible candidates).**
- 4. The reporting time for candidates shall be between 10:00 AM to 2:00 PM.**
- 5. The preference will be given to the candidates belonging to the marginal society.**
- 6. The candidates will be admitted on the first come first serve basis.**



(Govt. of National Capital Territory of Delhi)

**DELHI PHARMACEUTICAL SCIENCES AND RESEARCH UNIVERSITY (DPSRU)**

PUSHP VIHAR, SECTOR-III, M.B. ROAD, NEW DELHI – 110017

**Centre for Meditation and Yoga Sciences**

**ADMISSION FORM**

For Office use only

Enrollment No.....

Category.....

PHOTO  
(Passport  
size Self  
Attested)

**Form to be filled by Candidate** (In capital letters)

1. Name of the Candidate .....

2. Father's/Guardian's Name.....

3. Mother's Name.....

4. Date of Birth.....

5. Age .....

6. Local Address.....

.....

7. Permanent Address .....

.....

8. Mobile No .....

9. E-mail .....

10. Nationality .....

11. Name of School/Board (from where XII Passed) .....

12. Preference of the Centre .....

Signature of the Applicant

## List of Centres

S.No	ID Number	Name of School
1	1310409	Rajkiya Pratibha Vikas Vidyalaya, Narela
2	1412291	RPVV, Rohini, Phase-II, Sec-21
3	2128031	RPVV, Link Road, Karol Bagh
4	1923351	Govt. Sarvodaya Vidyalaya, Dr. Ambedkar Nagar, Sect-V, (Dashinpuri Extension) New Delhi
5	1925430	School of Excellence, Kalkaji
6	1003026	Shankar Nagar-SKV
7	1925334	Lajpat Nagar-RPVV
8	1925059	Lajpat Nagar, Ring Road-SBV (Shaheed Hemu Kalani)
9	1002400	School of Excellence, Khichripur
10	1821031	Dwarka, Sector-VI, G(Co-ed)SSS